

Driving into the winter sun

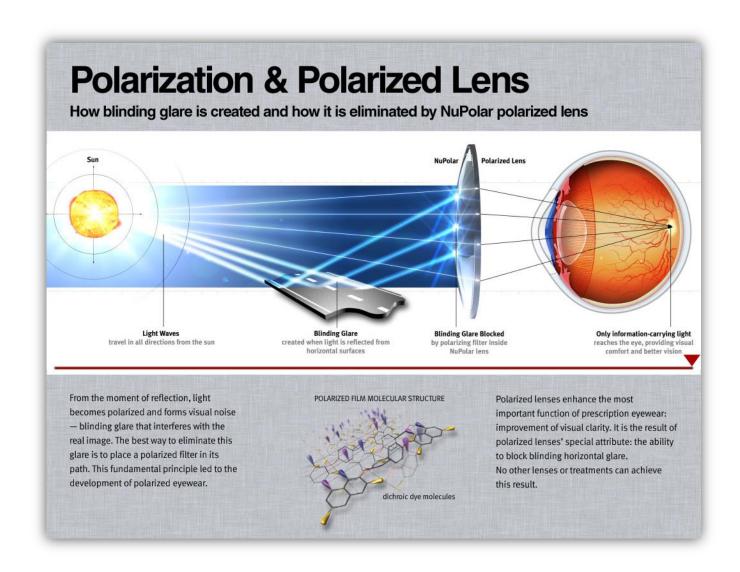
When the sun is low in the sky during winter months the sun visor in your car is not always effective at blocking bright sunlight. Light is made up of waves travelling in different directions. Vertical light is useful to the human eye; it helps us see.

Horizontal light, however, simply creates glare. Glare is concentrated light reflecting off a horizontal shiny surface, such as a car windscreen, sand, water, snow or asphalt roads. It reduces visibility and can make it uncomfortable, painful and even dangerous to carry on driving.

Polarised sunglasses help when driving a car by reducing those bright reflections of the sun on the cars ahead.



At Ringlands Optics I stock a wide range of polarised eyewear, both prescription and non-prescription. Why not give me a call to discuss your individual needs?



If you have found this article interesting and have questions regarding it, then please do get in touch either for a chat by phone, or please feel free to email me.

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